

Spinach Cashew Pesto (Vegan, Gluten Free)

1/2 cup Chopped scallions
1/4 cup Cashew butter (unsweetened, no salt)
1/4 cup Salted cashews
2 Garlic cloves, peeled
2T Olive oil
2T Fresh lemon juice
1/2t Kosher salt
2 cups Baby spinach, packed

Place all ingredients except for the spinach in a food processor. Pulse to combine. Add the spinach and pulse to desired consistency (add more olive oil as needed). Cover and refrigerate if not using immediately.

6 servings

Cal: 141
Total Fat: 12.2g
Sat Fat: 2g
Cholesterol: 0 mg
Sodium: 144 mg
Carbs: 6.6g
Fiber: 1.1g
Sugars: 1.3g
Protein: 2.8g

(from Herb Quarterly ad)