



Yoga Classes with Toni Kuhn ***2124 St. Bernard Drive, PMC***

Sign up with Toni

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February-March 2018

*****New students:***

First Class is Free**

Session Dates:

- ***Mondays 11am- Chair Yoga:***

5 week session: 2/19, 3/5, 3/12, 3/19, 3/26 (I'm out of town 2/26)

- ***Wednesdays 11am – Yin-Yang Yoga:***

6 week session: 2/21, 2/28, 3/7, 3/14, 3/21, 3/28

- ***Thursdays 4pm – Stretch & Therapeutic Yoga:***

6 week session: 2/22, 3/1, 3/8, 3/15, 3/22, 3/29

3 options for payment:

1. \$10.00 to drop in on any class

2. \$40.00 Punch Card (5 classes) - good for 3 months and can be used on any class

3. \$30.00- package rate for 6 classes in a session- must choose a class for the 6 weeks and sign up