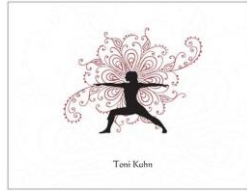


Yoga Classes with Toni Kuhn

2124 St. Bernard Drive, PMC



Sign up with Toni via email

[**toni4yoga@gmail.com**](mailto:toni4yoga@gmail.com)

Or cell phone **661-993-3890**

August- September 2017

Sign up for a class session for the cheapest rate

Dates:

Mondays 11am- Gentle Yoga:

6 week session: 8/14, 8/21, 8/28, 9/11, 9/18, 9/25 (No class 9/4)

Wednesdays 11am – Yin-Yang Yoga:

6 week session: 8/16, 8/23, 8/30, 9/6, 9/13, 9/20 (No class 9/27)

Thursdays 4pm – Stretch & Therapeutic Yoga:

6 week session: 8/17, 8/24, 8/31, 9/14, 9/21, 9/28 (No class 9/7)

****Thursdays 5pm- FREE Guided meditation Class (No class 9/7)**

This class is open to the public- bring a friend!

3 options for payment:

- 1. \$10.00 to drop in on any class**
- 2. \$40.00 Punch Card (5 classes) - good for 3 months and can be used on any class**
- 3. \$30.00- package rate for 6 classes in a session- must choose a class for the 6 weeks and sign up**